

## Prescription Information

This treatment plan contains important information regarding the medication that was prescribed to you by your doctor. The following includes: ingredient information, side effects, dosing instructions, proper storage, and other information important for you to know before starting treatment.

### What is the medication used for?

This treatment plan is used for acne and may help clear up excess bacteria from skin, reduce the appearance of acne, increase healthy cell turnover, reduce irritation, hydrate facial skin, brighten complexion, strengthen elasticity, and improve skin texture when used regularly and as prescribed.

## Prescription formula ingredients may include:

# Tretinoin, Niacinamide Clindamycin in a Prescription Dermatology Cream

### Ingredient Descriptions:

Tretinoin is a derivative of vitamin A found to increase healthy cell turnover which helps reduce the appearance of fine lines and dark spots.

Niacinamide is vitamin B3 which may help brighten the complexion, reduce appearance of wrinkles, reduce water loss through the skin, improve elasticity, and fight inflammation.

Clindamycin is a topical antibiotic which works locally to help remove excess harmful bacteria from skin while also contributing an anti-inflammatory effect to reduce redness and swelling.

## What is the best way to use this medication?

Apply a light coating of cream to clean, dry skin on face or affected area, once daily at bedtime, or twice daily, as directed by your doctor. Wash hands after application, and avoid excess sun exposure. Follow your doctor's specific orders if you are unsure how to use the medication.

### What are some things I need to know about this medication?

This medication is a custom compounded formula recommended for you by your prescriber. This medication is customized for your condition and made in a compounding pharmacy. This medication may cause increased sun sensitivity, avoid sunlight and use an effective sunscreen and protective clothing.

## Pregnancy & Breastfeeding

This compound has not been evaluated for use during pregnancy or breast feeding. If you are pregnant, breast feeding, or trying to become pregnant use this medication only at the discretion of your doctor.

### What are the possible side effects of this medication?

Itching, redness, scaling and dryness may occur and can be managed with frequent use of an everyday moisturizer. You may also experience peeling, burning, stinging, increased sensitivity to the sun, stomach upset, or abdominal pain. If side effects are severe, stop medication and contact us and your doctor or seek emergency medical treatment.

## How long until I see a desired effect from this medication?

It may take up to several weeks to see maximum results

### FAQ's

Please visit the Family Pharmacy website FAQ section or search the <https://www.familypharmacy.org/our-blog-2> for more informative articles and literature.

## Allergies

This medication may cause an allergic reaction if you are allergic to the contained ingredients, or ones that are very similar. If you have an allergy to the contained chemicals listed or related chemicals, please reach out to us and contact your doctor. Get emergency medical help if you have signs of an allergic reaction such as: hives, difficulty breathing, swelling of your face, lips, tongue, or throat.

### How should I store this medication?

If the product has arrived warm, wait 2 hours before using. Store this medication in a cool, dry environment, protected from light, at room temperature (68F-77F). Always make sure the container is tightly closed when not using the medication. Keep all medications in a safe place out of reach of pets and children.

## Pharmacy Disclaimer

The drug and medical information provided by the Pharmacy is not intended to be comprehensive and does not replace the professional judgment of a licensed Healthcare Provider. The Pharmacy is separate and independent from any Healthcare Provider, including telehealth providers, who may prescribe medications dispensed by the Pharmacy.

While reasonable efforts are made to ensure information is accurate and current, the Pharmacy makes no guarantees regarding its completeness or timeliness and assumes no responsibility for its use. The absence of a warning for any medication or supplement does not imply safety, effectiveness, or appropriateness for any patient.

Questions regarding diagnosis or treatment should be directed to your prescribing Healthcare Provider. Questions regarding dispensing may be directed to the Pharmacy or your pharmacist.

Compounded medications are prepared pursuant to a valid prescription and have not been evaluated or approved by the FDA for safety or efficacy. All active ingredients are FDA-approved and compounded in accordance with applicable USP standards.



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## ACNE FORMULA



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