

## Prescription Information

This treatment plan contains important information regarding the medication that was prescribed to you by your doctor. The following includes: ingredient information, side effects, dosing instructions, proper storage, and other information important for you to know before starting treatment.

### What is this medication used for?

Dutasteride is an inhibitor of the enzyme 5- $\alpha$  reductase (5AR). This inhibits the conversion of testosterone to dihydrotestosterone (DHT), the androgen that primarily causes male pattern baldness. Dutasteride is used FDA off-label to treat hair loss. Some rare side effects include decreased libido, impotence and worsening depression. Biotin helps in preventing hair loss by rejuvenating both the hair follicles and scalp.

This medication may be a custom compounded formula or may be the retail available medication, this will be

determined by your prescriber. This medication may be customized to your condition and made in a compounding pharmacy.

### Prescription formula ingredients may include:

**Dutasteride**  
**Biotin**  
**Hypromellose**

**Common Brand Names:**  
**Avodart**  
**Vitamin B7**

## What is compounded medication?

Pharmacy compounding is the art and science of preparing personalized medications for patients. Compounded medications are made based on a practitioner's prescription in which high quality prescription ingredients are mixed together in the exact strength and dosage form required for the patient.

### What is the best way to use this medication?

Take Dutasteride by mouth once daily with a full glass of water around the same time each day. You may take with or without food. It may take three months or longer before you start seeing the benefits of taking Dutasteride.

## What should I tell my doctor before starting this medication?

Using Dutasteride may increase the risks of prostate cancer. Talk with your doctor if you have concerns about this risk. Tell your doctor if you have ever had: liver disease, or abnormal liver function tests, prostate cancer, a bladder muscle disorder, stricture of your urethra, urination problems, or an allergic reaction to a similar medicine called Finasteride (Propecia, Proscar). Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements.

## What are the possible side effects of this medication?

You may experience a change in your PSA levels, a decrease in sex drive, trouble getting or maintaining an erection, or lowered semen volume. Less common side effects include: breast tenderness or enlargement, depression, rash, an allergic reaction, testicular pain, or in rare cases male breast cancer. Call your doctor at once if you any signs of male breast notice cancer, such as: breast lumps, breast pain or tenderness, nipple discharge, or any other breast changes.

### FAQ's

Please visit the Family Pharmacy website FAQ section or search the <https://www.familypharmacy.org/our-blog-2> for more informative articles and literature.

## Allergies

Do not take this medication if you are allergic to Dutasteride and Biotin. Get emergency medical help if you have signs of an allergic reaction: hives, difficulty breathing, swelling of your face, lips, tongue, or throat.

### How should I store this medication?

Store this medication in the original container in a cool, dry environment, at a controlled room temperature (68F-77F). Keep all medications out of reach of pets and children. Pregnant women, or women who are trying to become pregnant or are breastfeeding should avoid handling Dutasteride due to the risks of harm to a male fetus.

## Pharmacy Disclaimer

The drug and medical information provided by the Pharmacy is not intended to be comprehensive and does not replace the professional judgment of a licensed Healthcare Provider. The Pharmacy is separate and independent from any Healthcare Provider, including telehealth providers, who may prescribe medications dispensed by the Pharmacy.

While reasonable efforts are made to ensure information is accurate and current, the Pharmacy makes no guarantees regarding its completeness or timeliness and assumes no responsibility for its use. The absence of a warning for any medication or supplement does not imply safety, effectiveness, or appropriateness for any patient.

Questions regarding diagnosis or treatment should be directed to your prescribing Healthcare Provider. Questions regarding dispensing may be directed to the Pharmacy or your pharmacist.

Compounded medications are prepared pursuant to a valid prescription and have not been evaluated or approved by the FDA for safety or efficacy. All active ingredients are FDA-approved and compounded in accordance with applicable USP standards.



### Prescription Information

# DUTASTERIDE ORAL FORMULA



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