

This treatment plan contains important information regarding the medication that was prescribed to you by your doctor. The following includes: ingredient information, side effects, dosing instructions, proper storage, and other information important for you to know before starting treatment.

### **What are some things I need to know about this medication?**

This medication is a custom compounded formula recommended for you by your prescriber. This medication is customized to your condition and made in a compounding pharmacy.

### **What is this medication used for?**

Enclomiphene is an off-label compounded oral medication that can contain either only Enclomiphene or Enclomiphene along with Tadalafil. The exact dose and whether Tadalafil is included in your treatment will depend on what is the best fit for your symptoms and goals, as determined by your doctor. Enclomiphene may help increase testosterone levels in men with low testosterone (hypogonadism). Formulations that include Tadalafil may also help reduce symptoms of erectile dysfunction.

### **Active Ingredients:**

**Tadalafil**

**Enclomiphene**

### **Ingredient Descriptions:**

Tadalafil is a PDE5 inhibitor that is most commonly used for erectile dysfunction (ED). tadalafil is the active ingredient in the brand-name medication, Cialis. tadalafil is in the same class of medication as Viagra (sildenafil), Levitra (Vardenafil), and Stendra (Avanafil). tadalafil helps to relax the blood vessels and smooth muscles in the penis to make it easier to achieve and maintain an erection for up to 36 hours.

Enclomiphene is a selective estrogen receptor modulator (SERM). This medication is an antagonist of the estrogen receptor, and leads to increased testosterone production due to estrogen negative feedback loop.

Enclomiphene can be prescribed off-label for male hypogonadism (low testosterone production)

### **What is the best way to use this medication?**

Take your Enclomiphene capsules once daily or as directed by your doctor, at about the same time each day. You can take this medication with or without food. Do not break or open the capsules. Do not take more than one capsule daily. If you take too much or have an erection lasting longer than 4 hours call your doctor and get medical treatment immediately.

## How should I store this medication?

Store this medication in the original container in a cool, dry environment, at a controlled room temperature (68F-77F).

## What should I tell my doctor before starting this medication?

Tell your doctor if you have ever had: heart problems (chest pain, a heart rhythm disorder, heart attack), high or low blood pressure, blood circulation problems, retinitis pigmentosa (an inherited condition of the eye), blindness in one or both eyes, bleeding problems, a stomach ulcer, pulmonary veno-occlusive disease (PVOD), liver or kidney disease, a blood cell disorder such as sickle cell anemia, multiple myeloma, or leukemia, a physical deformity of the penis (such as Peyronie's disease), or if you have been told you should not have sexual intercourse for health reasons. Tell your doctor about all your current medicines,

especially: nitroglycerin, isosorbide dinitrate, isosorbide mononitrate, medicines to treat erectile dysfunction or pulmonary arterial hypertension, antibiotic or antifungal medicine, antiviral medicine to treat hepatitis C or HIV/AIDS, drugs to treat prostate disorder, or seizure medicine. Nitrates are also found in some recreational drugs such as amyl nitrate high blood pressure or a or nitrite ("poppers").

## Allergies:

Do not take this medication if you are allergic to tadalafil or other PDE5 inhibitors or Enclomiphene or other SERM products. Get emergency medical help if you have signs of an allergic reaction: hives, difficulty breathing, swelling of your face, lips, tongue, or throat

**This prescription must be made fresh in the pharmacy laboratory. In order to achieve optimal results - Do not use this medication past the discard date found on the label.**

## Pharmacy Disclaimer

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## Prescription Information

# ENCLOMIPHENE COMBINATIONS



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