

## Prescription Information

This treatment plan contains important information regarding the medication that was prescribed to you by your doctor. The following includes: ingredient information, side effects, dosing instructions, proper storage, and other information important for you to know before starting treatment.

### What is this medication used for?

Hair Booster is a pharmacist and physician formulated mixture of pharmaceutical-grade prescription and non-prescription ingredients that may help reduce hair loss and increase hair density in some users when used regularly and as prescribed.

**Active Ingredients:**  
**Latanoprost**  
**Melatonin**  
**Caffeine**  
**Biotin**

### What is Latanoprost?

Latanoprost is the active ingredient inside the glaucoma medication Xalatan, and is in the same class of medications as Bimatoprost (Latisse, Lumigan). Latanoprost is sometimes used off-label for hair loss reduction and hair density improvements. Latanoprost can help stimulate the anagen (growth phase) of the hair, and may convert short, fine, low-pigment vellus hairs into thicker, pigmented terminal hairs.

### Why is Melatonin included in this formula?

Melatonin is well known as a sleep aid, but it may also have hair loss benefits when applied to the scalp in small amounts (that will not translate into sleepiness). Studies have shown that topical Melatonin may reduce the severity of hereditary hair loss (androgenetic alopecia), increase hair density, and reduce overall hair loss.

### Why is Caffeine included in this formula?

Topical Caffeine is included for its anti-inflammatory and antioxidant properties, as well as the potential to reduce hair follicle shrinkage and reduce 5-alpha-reductase activity. The small amount of caffeine included will be able to work within the scalp, but is not enough to make you feel wide-awake or jittery like drinking a caffeinated beverage.

### How does Biotin help your hair?

The hair-healthy vitamin Biotin is included in this formulation to potentially help strengthen growing strands and reduce hair breakage.

### What is the best way to use this medication?

Use this medication as indicated on your prescription label. Typical dose is to use 1ml (one dropperful) once daily. Do not take this medication by mouth or use it in or around your eyes. Avoid

getting this medication in your eyes or mouth, if this does occur, rinse with water. Apply once daily at night to dry, clean scalp, and wash hands after application. Wash any non-treatment area that this medication may have accidentally come into contact with to avoid unwanted hair growth. Allow to dry thoroughly and wash off in the morning, or after at least 4 hours. Can be combined with other hair loss treatment products as directed by your doctor.

### How should I store this medication?

Latanoprost Hair Booster (LHB) is stable at room temperature for 6 weeks. Store LHB when not in use in a refrigerator to preserve dating. Store Hair Booster Formula safely away from pets and children.

## What should I tell my doctor before starting this medication?

Tell your doctor if you have ever had: breathing problems, heart problems (chest pain, a heart rhythm disorder, heart attack, angina), liver or kidney disease, glaucoma, eye diseases, or scalp skin conditions. Tell your doctor about all your current medicines, health conditions, and allergies.

## What are the possible side effects of this medication?

This is a topically applied medication, so very little of the medication should get into systemic circulation and whole body side effects should be rare. The most common side effects may include: itching, burning, flaking, dryness, redness, swelling, scaling, hair color changes (usually darkening), scalp skin darkening, or irritation at the application site. In rare cases, chest pain or tightness, dizziness, headache, fast or irregular heartbeat, eye or vision changes, and muscle/joint/back pain may occur.

## Allergies

Do not take this medication if you are allergic to Latanoprost, Bimatoprost, Caffeine, or Melatonin. Get emergency medical help if you have signs of an allergic reaction: hives, difficulty breathing, swelling of your face, lips, tongue, or throat.

## Pharmacy Disclaimer

The drug and medical information provided by the Pharmacy is not intended to be comprehensive and does not replace the professional judgment of a licensed Healthcare Provider. The Pharmacy is separate and independent from any Healthcare Provider, including telehealth providers, who may prescribe medications dispensed by the Pharmacy.

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any patient.

Questions regarding diagnosis or treatment should be directed to your prescribing Healthcare Provider. Questions regarding dispensing may be directed to the Pharmacy or your pharmacist.

Compounded medications are prepared pursuant to a valid prescription and have not been evaluated or approved by the FDA for safety or efficacy. All active ingredients are FDA-approved and compounded in accordance with applicable USP standards.



Prescription Information

# HAIR BOOSTER



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