

Prescription Information

This treatment plan contains important information regarding the medication that was prescribed to you by your doctor. The following includes: ingredient information, side effects, dosing instructions, proper storage, and other information important for you to know before starting treatment.

What is this medication used for?

This treatment plan may help reduce hair loss and increase hair growth when used regularly and as prescribed.

Prescription Formula Ingredients

may include:

**Finasteride,
Dutasteride, Tretinoin
Minoxidil, Metformin*,
Spironolactone*,
Fluocinolone**

Ingredient Descriptions:

- Finasteride is a medication that treats hair loss by blocking DHT, which is a hormone derived from testosterone

which is the reason why men experience hair loss.

- Dutasteride is a strong 5-Alpha-Reductase inhibitor to help block DHT induced hair loss. It works to inhibit 5-Alpha reductase 1 and 2 and is stronger than finasteride. DHT is one of the reasons why hair loss occurs. Some rare side-effects include decreased libido, impotence, and worsening depression.

- Spironolactone is an aldosterone receptor antagonist, and helps prevent hair loss by inhibiting androgenic hormones in the scalp area that increase hair shedding.

- Tretinoin is a derivative of vitamin A found to increase healthy cell turnover which has been shown to promote and regulate cell proliferation and differentiation in the epithelium and may promote vascular proliferation.

- Minoxidil topically stimulates hair growth and increases hair follicle size.

- Metformin when used topically shows efficacy in the mediation of adenosine monophosphate (AMPK). The reduction in circulating androgens prevents the

transition of terminal hair into vellus hairs potentially altering the

- Fluocinolone is corticosteroid used to relieve redness, itching, swelling, or other discomfort. In addition, the medication has been used off- label for alopecia areata.

What is the best way to use this medication?

Massage into clean, dry scalp, at night or twice daily as directed by your physician. Leave formula on overnight and wash off the next day, or leave in for at least 4 hours before washing. Wash hands after application, and wash face if formula came into contact with skin. Use the medicine exactly as directed. Using more medicine or applying it more often than prescribed will not make it work any faster, and may increase side effects. Do not take by mouth. Topical medication is to be applied to the indicated area only and not to be ingested. Avoid getting this medication in your eyes or mouth, if this does occur, rinse with water. Wash any non-treatment area that this medication

may have accidentally come into contact with to avoid unwanted hair growth. Allow to dry thoroughly.

What should I tell my doctor before starting this medication?

Tell your doctor of any medication or ingredient allergies or sensitivities that you may have. Tell your doctor if you are allergic to any of the drugs in this formulation, as well as related drugs. Tell your doctor if you are pregnant, trying to get pregnant, or breastfeeding.

Pregnancy & Breastfeeding

Minoxidil and spironolactone should not be used during pregnancy or breastfeeding. Do not use this medication if you are pregnant, breastfeeding, or planning on becoming pregnant in the near future. Finasteride, dutasteride and tretinoin are category X medications that should not be used by women who are and/or are trying to get pregnant as they may cause birth defect. [*This information pertains to the women's topical formula.](#)

What are the common side effects of this medication?

This medication may have interactions with certain disease states, tell your doctor if you have any of the following: breathing problems, seizures, chest pain, sick sinus syndrome, AV block, slow heartbeats, low blood pressure, liver disease, heart disease, kidney disease, high potassium, Addison's disease, electrolyte imbalances, or inability to urinate. Some medications can have interactions with conditions and we will help you evaluate that risk and decide on an appropriate treatment plan. Do not use potassium salt substitutes while using this medication to avoid your potassium levels from becoming too high. Some rare side effects include decreased libido, impotence and worsening depression.

Allergies

This medication may cause an allergic reaction if you are allergic to the contained ingredients, or ones that are very similar. If you have an allergy to the contained chemicals listed or related chemicals, please reach out to us and contact your doctor. Get emergency medical help if you have signs of an allergic reaction such as: hives, difficulty breathing, swelling of your face, lips, tongue, or throat.

How should I store this medication?

If the product has arrived warm, wait 2 hours before using. Store this medication in a cool, dry environment, protected from light, at room temperature (68F-77F). Always make sure the container is tightly closed when not using the medication. Keep all medications in a safe place out of reach of pets and children.

Pharmacy Disclaimer

The drug and medical information provided by the Pharmacy is not intended to be comprehensive and does not replace the professional judgment of a licensed Healthcare Provider. The Pharmacy is separate and independent from any Healthcare Provider, including telehealth providers, who may prescribe medications dispensed by the Pharmacy.

While reasonable efforts are made to ensure information is accurate and current, the Pharmacy makes no guarantees regarding its completeness or timeliness and assumes no responsibility for its use. The absence of a warning for any medication or supplement does not imply safety, effectiveness, or appropriateness for any patient.

Questions regarding diagnosis or treatment should be directed to your prescribing Healthcare Provider. Questions regarding dispensing may be directed to the Pharmacy or your pharmacist.

Compounded medications are prepared pursuant to a valid prescription and have not been evaluated or approved by the FDA for safety or efficacy. All active ingredients are FDA-approved and compounded in accordance with applicable USP standards.



Prescription Information

HAIR FORMULA



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