

Prescription Information

This treatment plan contains important information regarding the medication that was prescribed to you by your doctor. The following includes: ingredient information, side effects, dosing instructions, proper storage, and other information important for you to know before starting treatment.

What are some things I need to know about this medication?

This medication is a custom compounded formula recommended for you by your prescriber. This medication is customized to your condition and made in a compounding pharmacy. Do not use this formula if you are also using a nitrate drug for chest pain or heart problems, including nitroglycerin, isosorbide dinitrate, isosorbide mononitrate. If you have received a pump bottle, you may need to prime the bottle before using it. Press the pump several times to remove the excess air from the bottle.

Prescription formula ingredients may include:

Sildenafil, Pentoxifylline, Arginine, Ergoloid Mesylate in a Pharmaceutically Elegant Cream

Ingredient Descriptions:

Sildenafil is a PDE-5 medication which increases blood flow to the application area.

Pentoxifylline is a vasodilator medication which helps increase blood flow.

Arginine (L-Arginine) is a naturally occurring amino acid which increases blood flow.

Ergoloid Mesylate is a nootropic used to increase libido and sexual pleasure by increasing blood flow.

What is the best way to use this medication?

Use this medication only on the vaginal and clitoral area as needed before sexual activity. This formula should be applied directly to the clitoris at least 30 minutes prior to anticipated sexual relations and gently massaged in. You may experience warmth, redness, or a tingling feeling, which is normal. Do not use on irritated areas or open wounds.

What should I tell my doctor before starting this medication?

Tell your doctor of any medication or ingredient allergies or sensitivities that you may have. Tell your doctor if you are on a thinner. Tell your doctor if you are blood allergic to any of the drugs in this formulation, as well as related drugs such as (sildenafil, pentoxifylline, aminophylline, arginine, PDE5 inhibitors, theophylline, caffeine, ergoloid). Tell your doctor if you are pregnant, trying to get pregnant, or breastfeeding.

Pregnancy & Breastfeeding

This medication compound has not been evaluated for use during pregnancy or breastfeeding. If you are pregnant, breastfeeding, or trying to become pregnant use this medication only at the discretion of your doctor. Pentoxifylline is category C and should not be used during breastfeeding.

What are the possible side effects of this medication?

Itching, redness, dryness, dizziness, headaches, and mild irritation may occur. Stop using the formula and call your doctor at once if you have: severe irritation of the treated area. During sexual activity, if become dizzy or nauseated, have pain, you numbness, or tingling in your chest, arms, neck, or jaw, stop and call your doctor right away.

How long until I see a desired effect from this medication?

This medication should start taking effects between 15-30 minutes after application. The effects may last between 30 minutes and 2 hours.

*Do not use 'O' Cream more than twice daily.

FAQ's

Please visit the Family Pharmacy website FAQ section or search the <https://www.familypharmacy.org/our-blog-2> for more informative articles and literature.

What to do if O Cream does not work for you?

This medication may take a few attempts in order to work for you. Please review our 6 O Cream Application Tips (located on pharmacy blog) to help you troubleshoot any potential problems that could be reducing the cream's effectiveness for you. If, after many tries, this medication does not work, reach out to your doctor and they may be able to adjust your dose in order to make the medication work for you.

Allergies

This medication may cause an allergic reaction if you are allergic to the contained ingredients, or ones that are very similar or related ingredients. Do not use if you are allergic to caffeine containing products (coffee, tea, colas), theobromine, or theophylline. If you have an allergy to the contained chemicals listed or related chemicals, please reach out to us and contact your doctor. Get emergency medical help if you have signs of an allergic reaction such as: hives, difficulty breathing, swelling of your face, lips, tongue, or throat.

How should I store this medication?

If the product has arrived warm, wait 2 hours before using. Store this medication in a cool, dry environment, protected from light, at room temperature (68F-77F). Always make sure the container is tightly closed when not using the medication. Keep all medications in a safe place out of reach of pets and children.

Pharmacy Disclaimer

The drug and medical information provided by the Pharmacy is not intended to be comprehensive and does not replace the professional judgment of a licensed Healthcare Provider. The Pharmacy is separate and independent from any Healthcare Provider, including telehealth providers, who may prescribe medications dispensed by the Pharmacy.

While reasonable efforts are made to ensure information is accurate and current, the Pharmacy makes no guarantees regarding its completeness or timeliness and assumes no responsibility for its use. The absence of a warning for any medication or supplement does not imply safety, effectiveness, or appropriateness for any patient.

Questions regarding diagnosis or treatment should be directed to your prescribing Healthcare Provider. Questions regarding dispensing may be directed to the Pharmacy or your pharmacist.

Compounded medications are prepared pursuant to a valid prescription and have not been evaluated or approved by the FDA for safety or efficacy. All active ingredients are FDA-approved and compounded in accordance with applicable USP standards.



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"O" CREAM



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