

## **Oral Minoxidil Tablets (Generic Loniten)**

This treatment plan contains important information regarding the medication that was prescribed to you by your doctor. The following includes: ingredient information, side effects, dosing instructions, proper storage, and other information important for you to know before starting treatment.

### **What is oral Minoxidil?**

Oral Minoxidil is a medication that is FDA-approved to treat high blood pressure, but it is also sometimes prescribed off-label in lower dosages for hair loss treatment. When clinical trials were being conducted with oral Minoxidil for blood pressure, many patients reported longer, thicker, and darker hairs growing on the body, including the hair on their scalp. For this reason, some doctors prescribe this medication off-label as an alternative to hair loss medications like Finasteride that modulate DHT in the body, or as an

add-on to other topical or oral hair loss treatments.

### **Active Prescription Ingredient**

## **Minoxidil**

### **Common Brand Names:**

## **Loniten, Minodyl, and Minoxidil HTN.**

### **How should I take oral Minoxidil tablets?**

Minoxidil is supplied in a 2.5 mg tablet, you may be required to cut it in half for a 1.25 mg dose. Please follow specific instructions on your prescription label.

Use a tablet cutter to acquire an accurate dose.

Take your dose of oral Minoxidil at the same time each day, once a day.

You may take Minoxidil with or without food, but you may want to try taking it with food if you notice stomach upset after your dose. If you miss a dose and are only off by a few hours, you may go ahead and take your missed dose. However, if you missed a dose and it has been more than a few hours skip your dose and continue like usual the next day.

## **What should I tell my doctor before starting this medication?**

- Any health conditions that you have, including high blood pressure, congestive heart failure, chest pain (angina), a recent heart attack a recent stroke, blood vessel disease, kidney disease, if you require dialysis, asthma, migraine headaches, epilepsy, or other seizure disorders.
- All other medication that you take, including over-the-counter medications or vitamins and supplements.
- Keep a list of all the medications you take to show your healthcare provider and pharmacist.

## What are the potential side effects of Minoxidil tablets?

The most common side effect reported with oral Minoxidil tablets is additional hair growth on the face or body, not just the scalp. Other potential more common side effects may include a lowering of your blood pressure, increased swelling of the legs, and headaches. These side effects may be more pronounced when using higher strengths of oral Minoxidil as compared to the lower strengths. Please refer to the Safety Info tab on the product page to review the full safety information and potential side effects of this medication.

### Allergies

Medications may cause an allergic reaction if you are allergic to the contained ingredients, or ones that are very similar. If you have an allergy to the contained chemicals listed or related chemicals, please reach out to us and contact your doctor

## How to store oral Minoxidil tablets?

Store your Minoxidil in a closed container at room temperature in a dry environment. Avoid bathroom storage due to a potentially high-humidity environment. Store Minoxidil tablets safely away from pets and children.

## How long until I may see an effect from oral Minoxidil tablets?

Oral Minoxidil may produce positive hair effects similar to the topical Minoxidil formulas. This may mean that you could start seeing the first beneficial hair effects on the scalp, including the crown and hairline, after a few months of use as directed by your doctor. These hair growth effects may continue as long as the medication is continued. If you stop using Minoxidil, the hair improvements that occurred from the medication will likely stop.

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Compounded medications are prepared pursuant to a valid prescription and have not been evaluated or approved by the FDA for safety or efficacy. All active ingredients are FDA-approved and compounded in accordance with applicable USP standards.



Prescription Information

# ORAL MINOXIDIL TABLETS



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