

Prescription Information

This treatment plan contains important information regarding the medication that was prescribed to you by your doctor. The following includes: ingredient information, side effects, dosing instructions, proper storage, and other information important for you to know before starting treatment.

What is this medication used for?

Sermorelin is a peptide medication that helps the body produce more human growth hormone. With more growth hormone release, some people may notice enhanced strength and lean muscle mass, a leaner body composition, improved mood, and better energy, endurance, and recovery time, to name a few. These medications are compounded in licensed U.S. compounding pharmacies.

Active Ingredients:

Sermorelin

What is Sermorelin?

Sermorelin is a peptide medication that mimics the release of growth hormone-releasing hormone in the body. By mimicking this hormone, it signals the pituitary gland to release more growth hormone into the body. This is different from using actual human growth hormone (HGH), because it is stimulating the body to produce more growth hormone on its own, instead of injecting it directly. Because of this, it may be a preferable way to increase growth hormone levels in the body.

What is the best way to use this medication?

Oral Sermorelin:

When using oral Sermorelin, you will likely be instructed to take it by mouth for 5 days and then take 2 days off. This is preferably taken on an empty stomach and while avoiding eating or drinking for a short while afterward to help enhance absorption. However, follow the instructions listed on your specific prescription issued by your doctor, if it differs from this.

How should I store this medication?

Store this medication in its original container in the refrigerator at a temperature between 36°F and 46°F (2°C–8°C). Do not freeze. Keep all medications in a secure location out of reach of children and pets.

What should I tell my doctor before starting this medication?

Before starting Sermorelin, it is important that your doctor has a full and accurate medical history for you. This includes all of your current medications and supplements, and medical conditions. Medical conditions that may be especially important to note before using Sermorelin include: Thyroid conditions, cancer or tumors, diabetes, growth hormone abnormalities, and autoimmune diseases, among others. It is also important to share if you are currently pregnant, breastfeeding, or trying to become pregnant. Sermorelin should not be used during pregnancy or breastfeeding.

What are the common side effects of this medication?

The more common side effects of Sermorelin include headache, nausea, dizziness, flushing, restlessness, itching, temporary changes in taste (for oral formulations), and pain or tenderness at the injection site (for injectable formulations). Other more serious but less common side effects may include severe allergic reactions, existing tumor growth and worsening, and unwanted metabolic and hormonal changes. Sermorelin may not be appropriate for people with cancer or tumors due to the potential risk of exacerbating growth. For a full list of the possible side effects of Sermorelin, including the less

common but more serious side effects, look at the patient safety information on our website and the Sermorelin package information.

Allergies:

Do not take this medication if you are allergic to Sermorelin, other Sermorelin-like medications, or growth hormone medications. Get emergency medical help if you have signs of an allergic reaction: hives, difficulty breathing, swelling of your face, lips, tongue, or throat.

Pharmacy Disclaimer

The drug and medical information provided by the Pharmacy is not intended to be comprehensive and does not replace the professional judgment of a licensed Healthcare Provider. The Pharmacy is separate and independent from any Healthcare Provider, including telehealth providers, who may prescribe medications dispensed by the Pharmacy.

While reasonable efforts are made to ensure information is accurate and current, the Pharmacy makes no guarantees regarding its completeness or timeliness and assumes no responsibility for its use. The absence of a warning for any medication or supplement does not imply safety, effectiveness, or appropriateness for any patient.

Questions regarding diagnosis or treatment should be directed to your prescribing Healthcare Provider. Questions regarding dispensing may be directed to the Pharmacy or your pharmacist.

Compounded medications are prepared pursuant to a valid prescription and have not been evaluated or approved by the FDA for safety or efficacy. All active ingredients are FDA-approved and compounded in accordance with applicable USP standards.



Prescription Information

SERMORELIN



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