

Prescription Information

This treatment plan contains important information regarding the medication that was prescribed to you by your doctor. The following includes: ingredient information, side effects, dosing instructions, proper storage, and other information important for you to know before starting treatment.

What is the medication used for?

Tirzepatide can be used to help treat type 2 diabetes, as well as helping people with weight management. Tirzepatide is often prescribed to help adults with obesity

Active Ingredients (may contain):

Tirzepatide

Vitamin B6 (pyridoxine)

What is Tirzepatide?

Tirzepatide is in a class of medications called glucagon-like protein 1 (GLP-1) receptor agonists. It mimics the GLP-1 and GIP hormones in the body in response to you eating a meal. Tirzepatide is the active ingredient in the brand medications Mounjaro™ and Zepbound™

How does Tirzepatide help with weight loss?

Tirzepatide is a medication that works by mimicking the GLP-1 and GIP proteins in your body. By mimicking GLP-1 and GIP, it can help deliver certain effects including increased insulin release, less glucagon release, slowing how fast food can leave your stomach, and making you feel less hungry. For people who are trying to lose weight, these effects may combine to help them eat fewer calories and ultimately lose extra weight.

Why might Vitamin B6 (pyridoxine) be included in this formula?

Vitamin B6 (pyridoxine) may be added to both the oral lozenges and the injection formulation for its ability to aid in appetite regulation as well as the potential to help reduce some of the possible initial side effects of Tirzepatide, including nausea.

What is the best way to use this medication?

Tirzepatide lozenges:

When using a Tirzepatide lozenge, you will likely be instructed to use one every day, once a day, at approximately the same time. This is a buccal lozenge, so you will not swallow the lozenge, but let it slowly dissolve between your cheek and gum to help with the absorption of the medication. It is also important to know that you will want to combine your Tirzepatide treatment with increased physical activity and a healthy reduced-calorie diet for the best results.

How should I store this medication?

Store Tirzepatide lozenges in a refrigerator but do not freeze. If refrigeration is not available, store at a controlled room temperature (68-77). Store all medications safely away from pets and children.

What should I tell my doctor before starting this medication?

Before starting Tirzepatide, you should let your doctor know about any weight-related diseases or problems you are currently experiencing (high blood pressure, high cholesterol, type 2 diabetes). You should also let your doctor know about any gastrointestinal issues or diseases you are dealing with, since Tirzepatide may also come along with gastrointestinal side effects. Let your doctor know about a history of thyroid cancer, glandular tumors, diabetic ketoacidosis, pancreatitis, kidney disease, or diabetic eye problems.

What are the common side effects of this medication?

The most common side effects of Tirzepatide involve your digestion and gastrointestinal tract. Burping, bloating, gas, heartburn,

nausea, vomiting, upset stomach, stomach pain, constipation, diarrhea, or symptoms that feel like a stomach flu may occur. Other common side effects may include headache, dizziness, tiredness, and low blood sugar levels in people who have diabetes. For a full list of the possible side effects of Tirzepatide, including the less common but more serious side effects, look at the patient safety information on our website and the Tirzepatide package information.

What are some ways to minimize side effects?

- Eat smaller meals
- Increase protein intake
- Minimize greasy & fried foods
- Use PeptideVite once daily (a supplement designed to minimize side effects)

Allergies

Do not take this medication if you are allergic to Tirzepatide or other GLP-1 receptor agonist medications. Get emergency medical help if you have signs of an allergic reaction: hives, difficulty breathing, swelling of your face, lips, tongue, or throat.

Pharmacy Disclaimer

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Questions regarding diagnosis or treatment should be directed to your prescribing Healthcare Provider. Questions regarding dispensing may be directed to the Pharmacy or your pharmacist.

Compounded medications are prepared pursuant to a valid prescription and have not been evaluated or approved by the FDA for safety or efficacy. All active ingredients are FDA-approved and compounded in accordance with applicable USP standards.



Prescription Information

TIRZEPATIDE



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