

Prescription Information

This treatment plan contains important information regarding the medication that was prescribed to you by your doctor. The following includes: ingredient information, side effects, dosing instructions, proper storage, and other information important for you to know before starting treatment.

What is the medication used for?

Valacyclovir can decrease the duration of a cold sore outbreak, or help prevent the recurrence of cold sores. Valacyclovir can also be used to treat or help prevent genital herpes outbreaks.

Active Prescription Ingredient:

Valacyclovir

Active Prescription Ingredient:

Valtrex

What is the best way to use this medication?

Take one tablet by mouth once daily for prevention, or two tablets twice daily for two doses for an outbreak. Valacyclovir may be taken with or without food. Drink plenty of water while taking Valacyclovir to keep your kidneys working properly. Avoid letting infected areas come into contact with other people. Avoid touching an infected area and then touching your eyes. Wash your hands frequently to prevent the spread of infection.

What should I tell my doctor before starting this medication?

Tell your doctor if you have HIV/AIDS, a weak immune system, kidney disease, or if you have had a kidney or bone marrow transplant. Valacyclovir can affect your kidneys, tell your doctor if you use certain other medicines including: antivirals, chemotherapy, injected antibiotics, medicine for bowel disorders, medicine to prevent organ transplant rejection, injectable osteoporosis medication, and some pain or arthritis medicines (including Aspirin, Tylenol, Advil, and/or Aleve).

What are the possible side effects of this medication?

Common Valacyclovir side effects may include: nausea, stomach pain, headache, rash, or a tired feeling. Stop taking Valacyclovir and call your doctor right away if you have any signs of a serious side effect that can harm red blood cells, such as: fever, easy bruising or bleeding, red spots on the skin (not related to herpes or chickenpox), bloody diarrhea, vomiting, pale or yellowed skin, weakness, fainting, or urinating less than usual or not at all. Call your doctor at once if you have: confusion, aggression, or you feel shaky or unsteady, hallucinations, problems with speech, a seizure, or kidney problems.

Allergies

You should not use this medicine if you are allergic to Valacyclovir (Valtrex) or Acyclovir (Zovirax).

How should I store this medication?

Store this medication in the original container in a cool, dry environment, at a controlled room temperature (68F-77F).

FAQ's

Please visit the Family Pharmacy website FAQ section or search the <https://www.familypharmacy.org/our-blog-2> for more informative articles and literature.

Pharmacy Disclaimer

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Questions regarding diagnosis or treatment should be directed to your prescribing Healthcare Provider. Questions regarding dispensing may be directed to the Pharmacy or your pharmacist.

Compounded medications are prepared pursuant to a valid prescription and have not been evaluated or approved by the FDA for safety or efficacy. All active ingredients are FDA-approved and compounded in accordance with applicable USP standards.



Prescription Information

VALACYCLOVIR



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